



THE ROLE OF NATURE FOR CHILDREN'S HEALTH POST-COVID

EXECUTIVE SUMMARY

A research developed in Brazil

The research **The Role of Nature for Children's Health Post-Covid** was carried out by the Social Knowledge Network and the Children and Nature program, an initiative of Alana Institute, and was supported by WWF-Brazil and the Bernard van Leer Foundation.

Its goals were to produce evidence to **answer these questions**:

-  **Did children have contact with nature and outdoor play during the pandemic? Did it benefit them?**
-  **Do families plan to prioritize contact with nature after the pandemic? Are there any barriers for this?**
-  **Do families value nature conservation, thinking about people's health and well-being?**

The **public chosen** were mothers, fathers and caregivers of children up to 12 years old, from all socioeconomic backgrounds, who live in urban regions all over Brazil, and have access to the Internet.

The **methodological approach** included two stages: a quantitative one, via an online questionnaire, with 1,000 respondents, and a qualitative one that included the participation of 10 families. These families participated in two dynamics carried out remotely - QuestionAction and Children's Perspective - whose evidence contributed to the development of the quantitative stage and its analysis.



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Among the **main results**, the highlights were:



Families recognize the benefits that nature and outdoor spaces have brought to children



perceived that contact with nature allowed children to get through the pandemic with better health and well-being.



Regarding the future, the data show that



of families intend to take their children more often to public spaces such as squares and parks.



The experience of the pandemic brought a greater concern regarding nature conservation and its importance for quality of life



of families began to value nature conservation more and 59% began to think more often about the importance of having green areas in the city.

Initiative



Prepared by



Support



Access the full research report (in Portuguese) at: bit.ly/nature-for-children-health

