Rural Interaction Program: clinical-therapeutic practices in nature

Theme/Place:
Impact based on evidence - Teresópolis / RJ

Authors:
Roberta Mendonça; Paula Milward Maggi; Letícia Carvalho; Aline Rodrigues; Yuri Segantini; Josiane Barbosa

Context and objective:
They are transdisciplinary clinical-therapeutic practices for neurodiverse children with nature and animals. It aims to facilitate socio-neuropsychomotor development and regulate human mechanisms.

Methodology:
Based on clinical evaluation with the individual objectives, a therapeutic plan is designed and developed in a natural environment with weekly sessions of 2 hours. It is a priority the use of natural elements and animals as a context and facilitators of the processes.

Results:
Studies confirm improvements in neurobiological processing in the natural environment: attention, perception, memory, limbic system regulation, decision-making (prefrontal). We observed that practice of the program has a role in facilitating neural connections, basis of cognitive, sensory and behavioral learning.

Contact:
https://instagram.com/interativanucleoterapeutico?igshid=MzRlODBiNWFlA==