

INTERNATIONAL  
CONFERENCE

# NATURAL PLAYSPACES FOR CHILDREN



## Rural Interaction Program: clinical-therapeutic practices in nature

### Theme/Place:

Impact based on evidence - Teresópolis / RJ

### Authors:

Roberta Mendonça; Paula Milward Maggi; Letícia Carvalho; Aline Rodrigues; Yuri Segantini; Josiane Barbosa

### Context and objective:

They are transdisciplinary clinical-therapeutic practices for neurodiverse children with nature and animals. It aims to facilitate socio-neuropsychomotor development and regulate human mechanisms.

### Methodology:

Based on clinical evaluation with the individual objectives, a therapeutic plan is designed and developed in a natural environment with weekly sessions of 2 hours. It is a priority the use of natural elements and animals as a context and facilitators of the processes.

### Results:

Studies confirm improvements in neurobiological processing in the natural environment: attention, perception, memory, limbic system regulation, decision-making (prefrontal). We observed that practice of the program has a role in facilitating neural connections, basis of cognitive, sensory and behavioral learning.

### Contact:

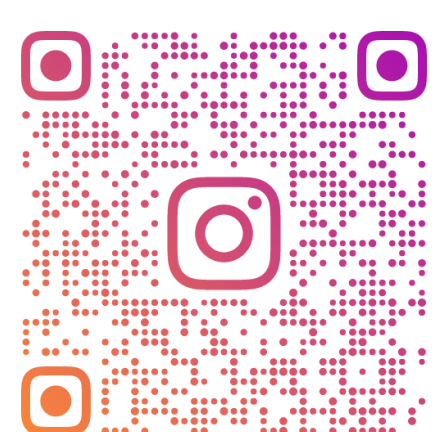
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Letícia Carvalho



Yuri Segantini



Initiative: 

Realization:  International School Grounds Alliance

 CRIANÇA E NATUREZA

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