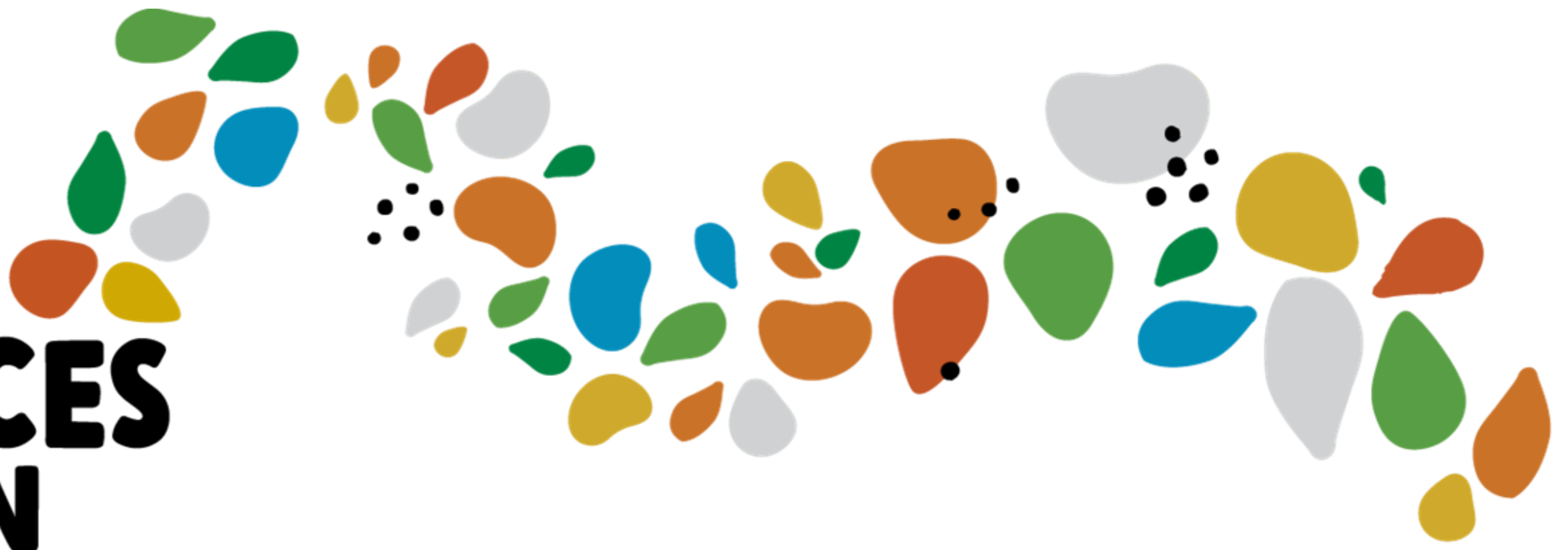


INTERNATIONAL
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NATURAL PLAYSPACES FOR CHILDREN



For a New Sense: Antimedicalization of anxiety: School Space and the Human-Nature Relationship

Theme/Place:

Impact based on evidence - São Paulo / SP

Authors:

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Context and objective:

Intervention in School Psychology for depathologization and demedicalization of students, with a diagnosis or symptoms of anxiety, from middle school of a Public School in the State of São Paulo, SP.

Methodology:

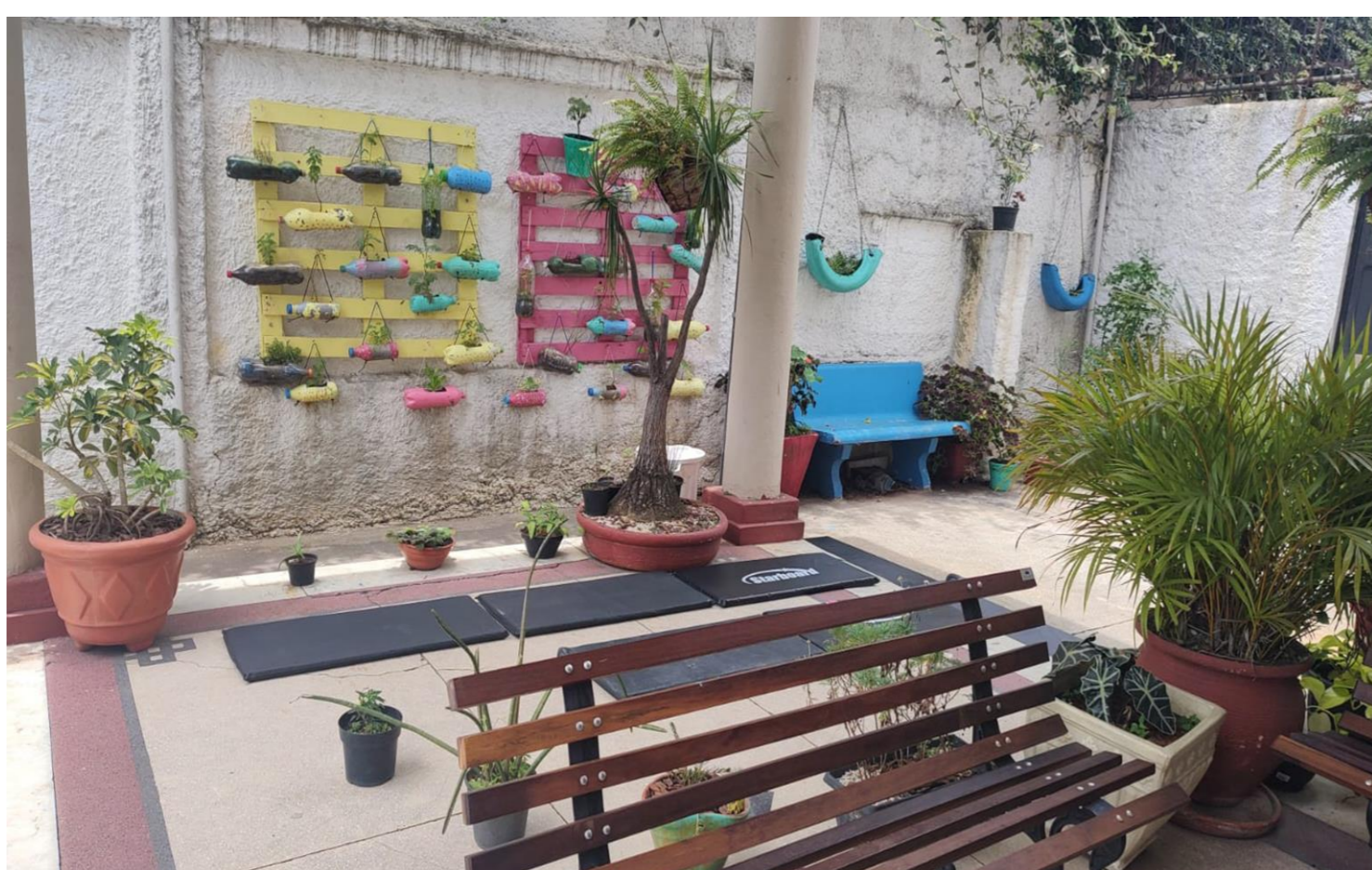
Through conversation circles and the data analysis previously obtained, the Human-Nature relationship and the creation of new strategies of dealing with anxiety were favoured; as well as the guidance/supporting for students and school.

Results:

Contact with Nature turned out to be a powerful resource for dealing with anxiety and other complaints, favouring the enhancement of the students' inner resources, by dealing with the demanding of their external reasons, providing well-being and openness to a positive-impact relationship with the school and its context.

Contact:

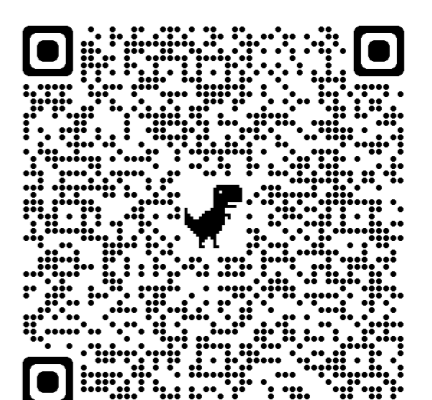
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Initiative:  alana

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