

# Nature-based therapy. Exploratory study in childhoods with neurodevelopmental diversity

**Theme/Place:** 

Impact based on evidence - Argentina

## Authors:

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## **Context and objective:**

Argentine clinical program (Bs.As.). Objective: To explore the impact of naturebased therapy on neurodiverse childhoods (ADHD, ASD, SPD) and their families; during participation in social gatherings in natural environments.

## Methodology:

Cross-sectional exploratory quantitive observational study. The responses of families regarding the observed changes in their children are analyzed after eight months of treatment, mainly in the areas of functional performance and their participation in natural environments.

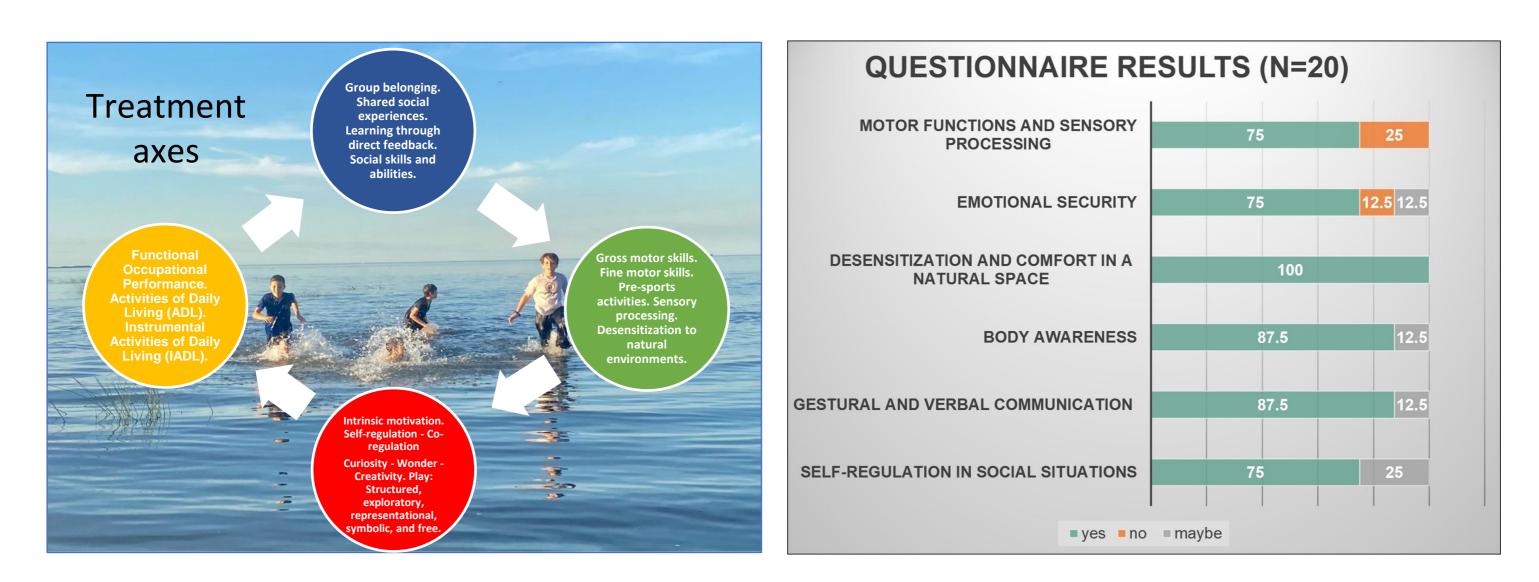
### **Results:**

The program has demonstrated improvements in functional skills and social participation, identifying the greatest changes in desensitization and comfort in natural environments. These findings promote the importance of integrating

nature experiences as part of therapeutic interventions in childhoods with neurodevelopmental diversity.

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Credit: own elaboration

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Realization:







